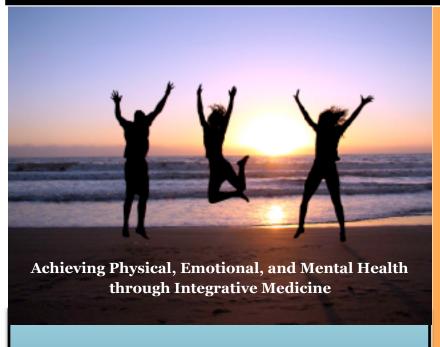
2nd Annual

Southwest Mind-Body & Integrative Medicine Conference Saturday, October 7th, 2017.



CONFERENCES:

Dr. Villalobos/ Nutrition
Miriam Rivas/Fatigue
Priscila Gutierrez/Mindfullness
OOOO/Tai-Chi
HILTON GARDEN INN
111 UNIVERSITY AVE
8:00 AM - 3:00 PM
\$35.00 dlls.
www.blablabla@blalblabla.com

STRESS is a major contributor to physical, emotional, and mental illness. Participants will learn evidence based preventive Mind-Body interventions that promote health benefits and wellness. Portion of Proceeds used for scholarships.

ENGLISH AND SPANISH WORKSHOPS:

*EXCERCISE







*IMAGERY AND MINDFULNESS



*EMOTIONAL COMPASSION FATIGUE









Community Light Center

WEST Boto Bd. El Baso, TX 79933 EAST 10600 Montwood Dr, Ste 114 El Paso TX 79935